

Viagra – the Wonder Drug of the 90s – Now Shown to Reduce

Millions of men and their partners had their lives changed for the better in the 1990s when Pfizer synthesized the drug that was released on to the market as "Viagra". Intense public discussion, some criticism and plenty of praise followed, but the fact remains that Viagra is now a household name and savior of many marriages and sexual relationships around the globe.

And public exposure continues, as Viagra is discovered to have more and more bonus benefits. The latest discovery shows that the drug actually reduces depression and its symptoms in men known to be suffering from erectile dysfunction.

Many men find that suffering with erectile dysfunction badly affects their sense of self, confidence and happiness. For some men, serious depressive episodes may occur. Until now, the response has been to treat the depression separately from the erectile dysfunction, usually with cognitive therapy or other forms of counseling.

Recent Canadian research by a team led by Dr. Sidney Kennedy, however, has shown that taking Viagra can reduce both erectile dysfunction and the feelings of depression that the physical disorder has caused. This evidence now points to Viagra has the source of salvation for depressed and impotent men.

The research in question involved testing Viagra and a placebo drug on two groups of males suffering erectile dysfunction and minor depression. Those given Viagra experienced a 47% reduction in depression and its symptoms, compared with only 26% for the control group.

This discovery has led to increased choice for erectile dysfunction patients, and means that men are now able to choose between standard psychological treatments for their depression and the use of Viagra, a drug that will treat both aspects of their problem.

March 27th 1998 was a monumental day for the treatment of male impotency. The Food and Drug Administration approved the sale and licensing of Viagra and, in doing so, eased the suffering of many millions of men around the world. This recent discovery is simply yet another reason for men to consider Viagra as a solution to their problems.

Satisfactory lovemaking is one important aspect of any marriage or sexual relationships, and a man's inability to perform sexually can cause problems in all aspects of their relationships. But [Viagra](#) is not only safe and effective, it is also easily available from most physicians and now online from a variety of pharmaceutical websites.

A consultation with your GP is always recommended before beginning any program of treatment, but all the reliable evidence now demonstrates that the benefits of [taking Viagra](#) far outweigh any potential side-effects. Beat your erectile dysfunction and consequent depression with the world's best-known drug: Viagra.

About the Author

John Scott, the author of this article, is a medical journalist collaborating with "Man of People" site.

Tags: [Viagra](#), [taking Viagra](#)

Source: <http://www.spivo.com/articles>