

Spring into Tee Time in Comfort & Style with Tips on Top Golf Fashions

Spring is one of the ideal times for a good game of golf. The greens are bright and of ideal conditions, the air is clear and the weather offers comfortable temperatures, causing gold enthusiasts to crawl out of their winter retreats and hit the course.

For some, golf is a year round sport, but for many of us who live in less favorable climates spring is not only a celebration of winter's departure, it is a welcoming arrival to all things golf. Many people find golf apparel to be unattractive with bold colors of plaid that one would never consider wearing anywhere else. Others tend to feel confined by the plain, drab shirts that leave creative fashion behind the fairway. As is often the case, there is a happy medium and some truly fabulous golf fashions hitting the greens this year.

Golf Shirts - the old stand by polo shirt is still around for a reason. Golf shirts allow for performance and comfort. Made of breathable fabrics, they allow air to move through which is important when you're in the sun for hours at a time. They also bring a level of sophistication and class. With the casual dress of the today's world, it is nice to see people dressed for an occasion and looking nice at the same time.

Golf shirts have evolved along the way, especially for women. Women's golf shirts now provide more vivid colors, form fitting designs and softer fabrics. I love the Lija line of golf shirts for women. These shirts offer a modern twist to the traditional polo by blending cotton and spandex offering a more form fitting woman's polo. Men's golf shirts have also benefitted from softer fabrics and a wider selection of colors, patterns and styles. The Callaway Fusion X Series focuses on function, fit, technology, performance and innovation. The Drysport fabric gives you temperature and moisture control in warm weather, protects against the sun (UPF 15+) and offers greater comfort and flexibility during play. You can find these shirts for as little as \$44.95 online.

Golf hats and caps have come along way as well. Some of the latest styles reflect a younger more hip fashion, while still providing the sun blocking function of the traditional type. Among my favorites are the Kangol Army Caps. These Cotton and Spandex Blend Twill Army Caps offer an funky alternative to the gentleman's style caps or baseball hats. Visors are also a great alternative, lightweight and effective at shielding your eyes from the sun.

For women, Verdina has a line of sassy yet functional golf dresses that keeps you looking feminine without creating too much of a stir. The fresh patterns and the cuts allow for free movement, but are heavy enough too keep the slightest breeze from showing the more than intended. Another practical alternative are the popular skorts. Making a comeback from their 1980's debut, skorts have entered the athletic fashion world with much success. Offering women the ability to look cute yet maintain their dignity when bending over. Skorts come in varying lengths, colors and fabrics and offer women the flexibility for fashion and function on and off the course.

Wherever you reside, golf season is hitting its' stride and it's time to get out there. An excellent way to meet people, get some exercise, fresh air and great scenery, golf is just what the doctor ordered, especially after a cold and closed up winter season. Stay tuned for more tips on [Golf Apparel](#) , spring fashions and hiking attire.

About the Author

Sam Brown is a part time personal shopper and full time promoter of outdoor fitness. Offering tips, ideas and the latest trends in [Golf Shirts](#), golf apparel and [Golf Hats](#). Sam brings style and practical options to readers of all genres.

Source: <http://www.spivo.com/articles>